



## First Presbyterian Church of St. Petersburg

*Your weekly news &  
updates*

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"I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me." Exodus 20:2

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### Welcome to some of our newest FPC Members

**Carol Abernathy** has lived in St. Petersburg for 58 years, and is returning to First Presbyterian after losing C. J., her husband of 56 years. They were both trial lawyers. The Abernathy's were active members of the Covenanters. They helped with the youth programs when their three children, Doug, June, and Jason were still at home. Their oldest was married here 35 years ago. Carol has been enjoying finding old friends here and meeting new ones.



**Jan Fazio** was born and raised in St. Petersburg where she attended St. Pete High School and First Baptist Church. She graduated from Furman University in Greenville SC. Jan was an interior designer in Birmingham, Michigan, where she lived for 28 years while raising her 2 children, Katie and Elise, with her husband Rob. She and Rob returned to St. Petersburg in 2012 where they enjoy living and volunteering in the downtown community. Jan sings in the FPC choir and is a docent at the Dali Museum



Throughout the year Jan and Rob also travel as much as possible!

**Ruth Bafaro** came to Sugarmill in Homosassa in 1965. She had been an active Elder, Deacon and numerous other responsibilities at Yorkfield Presbyterian in Elmhurst, Illinois. She joined 1st Presbyterian in Crystal River, Florida again serving as an Elder, choir, and other activities. She has been attending 1st Presbyterian transferred her membership here on December 17, 2017. In Berwyn, Illinois where she taught for 36 years, one of her star pupils was DR. Peter Pav and his older sister Pat! She is so glad to have renewed their relationship and with his lovely wife Yvonne. Ruth likes to read, do quilting though not as much as before since Ruth is 100 1/2 aiming for 101 on June 6, 2018. She loves hearing Pastor Dawn's message and hearing the choir and Jack Rain. You'd find her sitting with Pat Eckert half way back. She loves her new church family.



## Understanding and Treating Allergies - Led by Jamie Brownlee

**Saturday, January 20 at 10:00 a.m.**  
**Fellowship Hall**

This event is free and open to all (men and women). Coffee, tea and pastries provided. Hosted by the Presbyterian Women of FPC in Fellowship Hall.



[Click here for more information.](#)

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## Last Call for Dining with Dawn

The Dining with Dawn program is drawing to a close but there is still time to sign-up and participate. The final, available date is Sunday, February 4th. Don't miss this opportunity to get to know Pastor Dawn and help her get to know you. You never know, maybe you'll make other great connections, in the process.

The sign-up sheet will be available at the tables at both the 9:00 and 11:00 services or you can call the office at 727-822-2031.

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## FPC Day School Open House - Open to All

Come learn more about FPC Day school offerings, philosophy and tour the school as you prepare for registration.



### Open House

- January 23rd
- 9:00 a.m. and 7:00 p.m.
- RSVP at 727-894-5889

### Upcoming Day School Registration Dates for 2018-19

- 1/26 - Current Family / Alumnae / Church Members / Siblings
  - 1/31 - PMO / MOPS / Beth Moore
  - 2/2 - Community Registration
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## YOGA with Adam every Sunday at FPC - Beginning Feb 4th

**Time:** 3:00 - 4:15 p.m. every Sunday  
beginning February 4th

**Place:** Fellowship Hall

**Childcare:** Will be available, but please [RSVP](#) on the Friday before class to ensure there is enough coverage in the nursery.

**Cost:** Freewill offerings accepted for the church, but are not required to participate.

**Who is this for:** Everyone is welcome. No previous experience with yoga needed, but must be able to stand unassisted for long periods

**What to bring:** Yoga mats and props will be provided for the first 15 participants, but feel free to bring your own mat if you have one. Recommend wearing comfortable clothing, should have some stretch but not be so baggy that you might get



caught on it.

### About Adam:

I am a registered yoga teacher at the 500-hour level (500 RYT). I first began teaching 6 years ago and have been practicing yoga for more than 17 years. In that time, I have practiced a variety of yoga styles incorporating meditation, pranayama (breath), and asana (movement). As yoga was originally developed to assist Ascetics in meditation and prayer, I believe it provides an excellent opportunity to deepen our communion with God.

Yoga can be accessible and rewarding for everyone regardless of mobility/flexibility. Being a big guy, I offer some proof that this practice can work for anyone. My teaching philosophy is grounded from the yoga sutras: "No failure is ever really a failure unless we stop trying altogether." A lifelong practice does not mean we are all doing full splits, but rather that we are pushing ourselves and growing. In line with this philosophy, I try to facilitate a safe place where we can challenge ourselves (whether mentally or physically) each time we come to the mat.

*"May my meditation be pleasing to him, as I rejoice in the Lord."  
Psalm 104:34*

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### FPC Mission Outreach - Ministry in Action

**Community Action stops Abuse (CASA)** was founded in 1977 with a vision of a community without domestic violence so that home is a safe place. CASA's mission is to raise our voices against violence through advocacy, empowerment and social change. [Click here](#) to learn more about what CASA is and how we at First Presbyterian support this very important agency.



### Health for Honduras Annual Fund Raiser

Join us for this annual fundraiser to help support the important work of Dr. Davila and the New Hope Clinic in Honduras.

**When:** February 17th at 7:00 p.m.

**Where:** Beth Houghton/Scott Wagman's

**Cost:** \$50 per person

**RSVP:** To RSVP, either buy a ticket online ([click here](#)) or mail check to FFIM, 701 Beach Drive NE, St. Petersburg, FL 33701.

**HEALTH  
FOR  
HONDURAS**

[Click Here](#) for additional details and directions.

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### Our concert series continues with "Jewish Jazz II"

**Sunday, January 28th at 4:00 p.m.  
Chapel at First Presbyterian Church**  
(Please note: Limited seating available. Get tickets in advance. This will sell out.)

Tickets are \$13.50 for church members and \$18 for others if [purchased in advance](#). They are \$20 at the door for everyone.

Contact Barry Dingman by [email](#) or phone (813-727-1223) if you have any trouble purchasing advance tickets online.



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### Volunteer Survey

The mission committee wants to know what type of volunteer activities our members are involved with and how often.

If you don't provide input on Sunday morning, you may [CLICK HERE](#) to go to the FPC website. On the website, click on "Volunteer Survey."

You can find more information and a list of organizations by [clicking here](#). Note, this is not intended to be an exhaustive list. Thank you for participating.



## Volunteer Survey



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### Coming up on February 11th - Scottish Heritage Sunday

If you were a Tartan carrier, last year at the 11:00 service, or would like to be one this year, please contact [Sally Horrell](#) to volunteer.



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[Check out the FPC Web Site](#)

[Join us for Worship](#)

[Sunday's Bulletin](#)

[Join a Bible Study/Sunday School Class](#)

[Calendar](#)

[Please Complete this Volunteer Survey](#)

[Beth Moore Bible Study begins Jan 16](#)

# Quick LINKS

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# First Presbyterian Church

